

The Art of Being Unordinary: Mourn (Week 2)

September 29, 2019

1. When you hear the word "happy," what's the one of the first things that comes to mind?
2. Andrew included this quote from the UN's report on global happiness: *The world's economic superpower, the United States, has achieved striking economic and technological progress over the past half century without gains in the self-reported happiness of the citizenry. Instead, uncertainties and anxieties are high, social and economic inequalities have widened considerably, (and) social trust is in decline... Perhaps for these reasons, life satisfaction has remained nearly constant during decades of rising Gross National Product (GNP) per capita.* (World Happiness Report)

What are your thoughts about this quote?

3. Spend a few minutes reviewing the key Scripture from the message: Matthew 5:4, and Joel 2:12-13. In your own words, what does it mean to mourn?
4. Andrew talked about a practice that can help cultivate this in our heart - the discipline of confession. Do you have any experience with this practice? What was it like?
5. Read 2 Corinthians 1:3-7. Andrew talked about how people can be God's conduit for comfort. Can you think of a time in your life when you have experienced this?
6. Who is someone in your sphere of influence who God might be calling you to comfort?