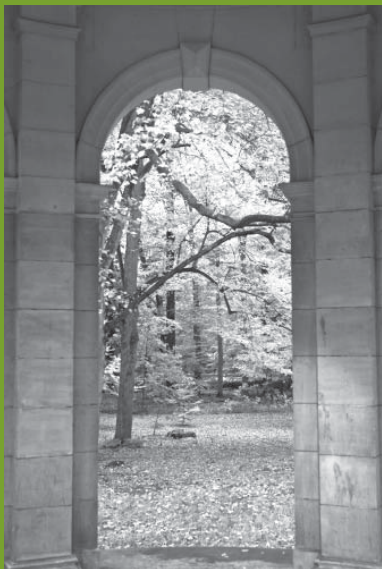


The Refuge

A Support Group for those with Mood Disorders such as Anxiety and Depression



The Refuge is a safe place to come where all discussions and activities are held in confidence

Who We Are

The Refuge is a support group of First Free. Our mission is to shine the warm light of God's grace into the hearts of people suffering with mood disorders such as anxiety and depression.

What We Believe

While being cured is good, knowing God is better. Members will seek God's refuge in the midst of painful trials and, in so doing, begin to discover a hope that far exceeds them all.

Where We Meet

Weekly meetings are on Sundays from 6:30-8:00 p.m. at First Free in Room 360.

Contact Us

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FIRST FREE
CHURCH

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