



# Hope Club

A Support Group  
for Young Widows  
and their Children



Hope Club is a safe place to  
come where all discussions  
are held in confidence

*“For I know the plans I have for  
you,” declares the Lord, “plans  
to prosper you and not to harm  
you, plans to give you HOPE and  
a future.” Jeremiah 29:11*

## Who We Are

*Hope Club* is a Christian support group for young widows who look to God to meet their needs by:

Fellowshipping together  
(1 John 1:7)

Accepting His promises  
(Proverbs 19:20)

Inquiring to God through prayer  
(Psalm 6:9)

Trusting in God's plan for our lives  
(Proverbs 3:5)

Helping to encourage and  
strengthen one another  
(Isaiah 41:10)

## What We Believe

We acknowledge the stages of grief, but we always look into God's Word to see what He has to say about our *Hope* both for now and the future.

## Who Should Come

This is a ministry of First Free, but it is open to all young widows.

## Where We Meet

The *Hope Club* usually meets for dinner at the home of Velma Jost, every third Saturday of each month. Childcare is always provided.

## Contact Us

Velma Jost  
314.579.0112  
hopeclub@efree.org



**FIRST FREE**  
CHURCH

1375 Carman Road  
Manchester, MO 63021  
636.227.0125 • [www.efree.org](http://www.efree.org)