



Caring for Aging Parents

A Support Group for Those
Caring for Their Parent(s)
in Any Capacity



Caring for Aging Parents is a
safe place to come where all
discussions and activities are
held in confidence

Who We Are

Caring for Aging Parents is a monthly support group for adults who are concerned about their parents' welfare and are in the midst of caring for them in any capacity. Our mission is to help the caregiver find hope, purpose, techniques and resources to minister to their parents one day at a time, depending on God's guidance every step of the way.

What We Believe

God has called us to honor our parents through caregiving. This is an opportunity for personal spiritual growth and development. However, it can also be an emotional tangle of frustration and guilt. Philippians 4:13 tells us we can do everything through Christ who strengthens us. We rely on this promise to help us with the difficult situations God allows in our lives while caring for our parents.

When We Meet

Caring for Aging Parents meets the third Sunday of the month at 12:30 p.m. in Room 372 at First Free.

Contact Us

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FIRST FREE
CHURCH

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